

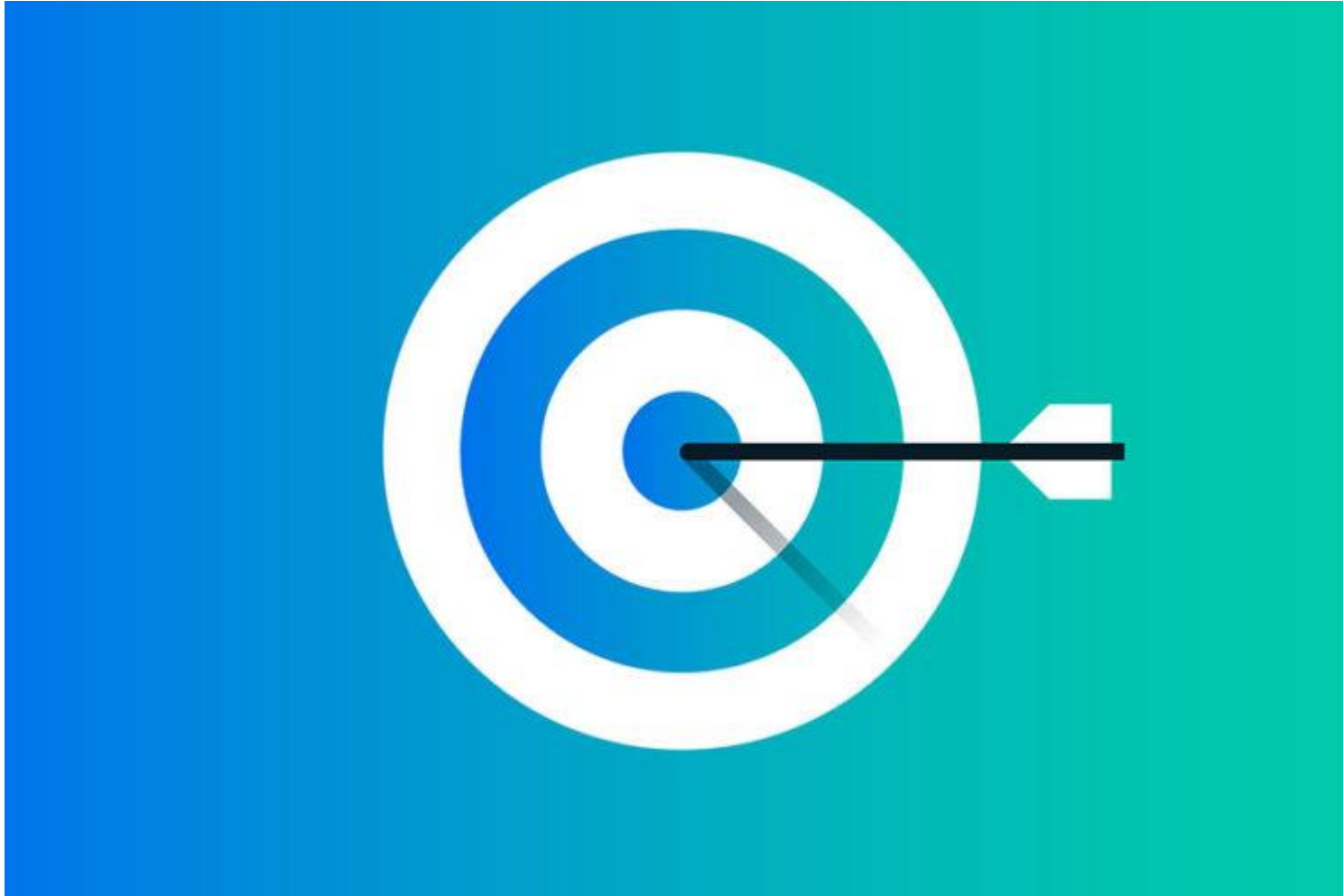
**getting
better**

Vs

**the
STRUGGLE**



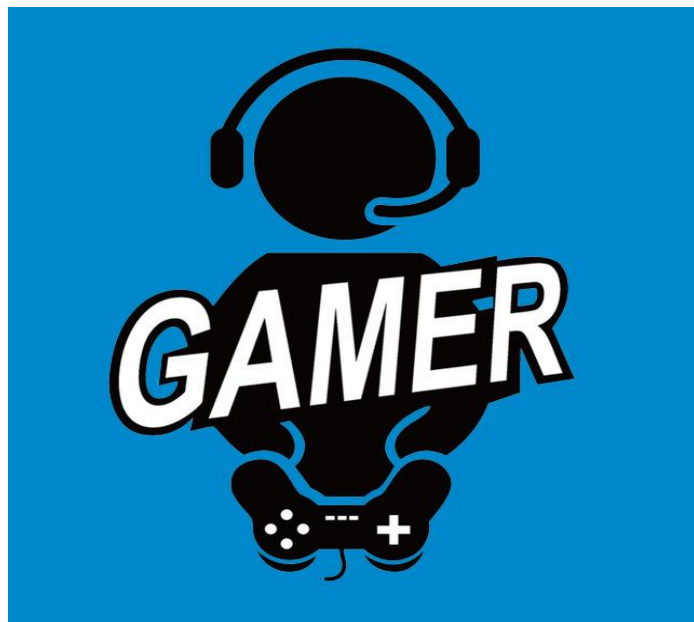
Recently In school we have been doing a lot of target setting with KS4 and KS5



Target setting is essentially about getting from where you are to where you want to be.



Think of something you are good at.



From where you started to where you are now something must have happened!

- You have developed a skill you weren't born with it
- You have put in a considerable amount of time
- You have worked hard (it probably didn't feel like work though)
- You have experienced the good struggle!



**STRENGTH
DOESN'T COME
FROM WHAT
YOU CAN DO.
IT COMES FROM
OVERCOMING
THE THINGS YOU
ONCE THOUGHT
YOU COULDN'T.**

PictureQuotes.com



SUCCESS

IS BORN

OF STRUGGLE



This struggle has allowed you to get better

- The whole purpose of school is to get better!
- We should be improving all of the time in each of our subject areas
- In some cases this isn't happening and you need to think about why



**EVERY MORNING,
WE GET**

**A CHANCE TO BE DIFFERENT.
A CHANCE TO CHANGE.
A CHANCE TO BE BETTER.**



**I believe that
things can
always get
better....and
that things are
usually better
than we think.**



BETTER



EVERYTHING

