

PART OF W ISP SCHOOLS



BASAL

01/04

- The vegetable cream
- Fried calamari / Chicken wings in barbecue sauce Salad with lettuce, tomato, onion and corn
- Seasonal fruit and organic bread

08/04

- Macaroni and cheese sauce
 Hake and squid meatballs in tomato
- sauce / Mixed meatballs in tomato sauce Sauteed vegetables
- Seasonal fruit and organic bread

15/04

- Pasta carbonara
 - Pincho moruno / Fried fish
- Lettuce, corn, carrot and olive salad
- Seasonal fruit and organic bread

22/04

- Stewed lentils
- Hake nugget / chicken nugget Tomato salad
- Seasonal fruit and organic bread

02/04

- Sautéed chickpeas
- Lean pork in sauce /
 Codfish fritters
 Stew
- Yogurt and organic whole wheat bread

09/04

- Vegetable cream
- Pork loin escalope /
 Hake Andalusian style
 Sauteed Cous Cous
- Yogurt and organic whole wheat bread

16/04

- Potato, tomato and egg salad
- San Marino / Grilled marinated pork loin Ratatouille
- Yogurt and organic whole wheat bread

23/04

- **Salmorejo**
- Potato with lean pork /
 potatoes in marinara
 sauce
 Sautéed peas
- Yogurt and organic whole wheat bread

03/04

- Sautéed rice with vegetables
- Haddock Andalusian style / Pincho moruno (Moorish skewer) Onion rings
- Seasonal fruit and organic bread

10/04

- Rice 3 delights Scrambled eggs with potatoes /
- Cannelloni au gratin Lettuce, onion, tomato and carrot salad
- Seasonal fruit and organic bread

17/04

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- HOLIDAYS
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24/04

- 👻 Vegetable cream
 - Mixed meatballs / hake and squid
- meatballs with tomatoes
 Breaded potatoes
- Seasonal fruit and organic bread

04/04

- 审 Pasta in tomato sauce
- Roast chicken with rosemary / Tuna meatballs in sauce Baked potatoes
- Yogurt and organic whole wheat bread

11/04

- Salmorejo
- Chicken Fideua / Seafood Fideua Peas
- Yogurt and organic whole wheat bread

18/04

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- HOLIDAYS
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25/04

- Rice with vegetables
- Baked fillets of sole / potato omelette
 Lettuce, onion, carrot
- Yogurt and organic whole wheat bread

and corn salad

05/04

- Gazpacho
 - Potato omelette / Ham croquettes
- Lettuce, corn, olives and carrots salad
- Seasonal fruit and organic bread

12/04

- Stewed lentils
 - Flamenquines/ Baked
- Hake
 Baked potatoes
- Seasonal fruit and organic bread

19/04

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- HOLIDAYS
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26/04

- Spaghetti with tomato and cheese sauce
- Pork tenderloin in sauce / Hake
- Andalusian style
 Zucchini in batter
- Tlan and eco bread